

THE SPIRITUAL TRANSFORMATION REPORT

by Lorna Houston

Deepak Chopra

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Listed below is a list of planetary positions at birth for

Deepak Chopra

Positions of Planets at Birth:

Sun	28	Lib	25	Pluto	13	Leo	14
Moon	28	Vir	46	True Node	12	Gem	38
Mercury	20	Sco	29	Asc.	17	Pis	29
Venus	1	Sag	52	MC	21	Sag	55
Mars	19	Sco	06	2nd cusp	26	Ari	58
Jupiter	5	Sco	44	3rd cusp	27	Tau	12
Saturn	8	Leo	06	5th cusp	15	Can	31
Uranus	21	Gem	33	6th cusp	12	Leo	17
Neptune	9	Lib	06				

Tropical Placidus Standard time observed

GMT: 10:15:00 Time Zone: 5 hours, 30 mins. East

Lat. and Long. of birth: 28 N 36 77 E 12

Aspects and orbs:

Conjunction:	7	Deg	00	Min	
Sextile	:	4	Deg	00	Min
Square	:	5	Deg	00	Min
Trine	:	5	Deg	00	Min
Quincunx	:	3	Deg	00	Min
Opposition	:	5	Deg	00	Min

INTRODUCTION

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Many people, in fact, all members of humanity who have not yet healed to the point of turning into Light - have the lingering effects of one or more past traumas which are preventing their full potential from manifesting. Some of these past experiences may be recent; some may be things which happened in your childhood which we might not even remember; and some may have come from prenatal events or events which happened before we were even conceived.

Astrology is an excellent tool for zeroing in on where each individual's blocks may be and then suggesting new ways of thinking which will bring about healing and freedom from the past.

Other theories of past reconstruction tend to be unnecessarily tedious, expensive and usually unproductive. For example, non-astrological therapies which go back into the past may dwell on unhappy memories and even increase the pain rather than bring in the solution. Similarly, past life regression may just give more of a feeling of lack of personal power. In reality, the only constructive reasons for going back into the past is to determine what the individual concluded as a belief from the experience and then to replace that belief with a more positive one.

For example, if you experienced hunger sometime in the past and developed a fearful belief from it that you could starve, you would feel more secure by adopting a newer, positive belief to allow the good to enter into your life in the future. You can choose to believe instead that you will always have plenty of nourishing food. You will then be likely to go joyfully to the health food store and even plant your own vegetable garden. You will expect something good to happen and then you will make it happen. You will overcome the possibility of not having enough food. Our beliefs are the thoughts which create our actions. Even if the new belief seems impossible at first, you will be surprised at how

fast you start to notice positive changes.

Best Wishes, Lorna Houston

CHAPTER 1: LUNAR NODES

Your lunar nodes give you an overall picture of your life - where you have been and where you are going. Your South Node indicates the overall impressions which you have from the past and what karma you need to come to terms with to move ahead to a bright and happy future. Your North Node outlines what that positive future will be like - the meaningful life path which you will be free to pursue once you have got your past limitations out of the way.

Whether you choose to look at your past in terms of inheritance from your ancestors or past lives in previous incarnations, the overall pattern of your South Node will be the same. It will be an abstract description of however you conceptualize your past influences. Similarly, your North Node will be an abstract impression of your future growth and it will be up to you to fill in the details of how your life mission will unfold.

North Node in Gemini - South Node in Sagittarius:

In your past you have been restricted by religious conventions and practices which seem to be outdated and out of touch with modern science. You can benefit from educational studies and discussions with others which would be of a logical nature and in which religious beliefs would be questioned. You need to sort out what, if anything, in the past beliefs are valid and what you wish to let go of so that you can move on.

North Node 3rd House - South Node 9th House:

In the past you have traveled far and wide and had various adventures. However, this type of life now seems to be getting you nowhere and you are finding that you would profit more by enhancing your formal studies and teaching others what you have learned.

CHAPTER 2: SATURN

Saturn represents the area(s) where you have been held back, but on the positive side it gives you stability and awareness of your roots. Saturn can be viewed as the influence of your

grandparents, the Sun as your father's influence and the moon as your mother's. In a family with healthy relationships, Saturn will give you the sense of outer authority which you will then internalize as your own independent self-discipline as you grow. Your grandparents will be seen as laying the groundwork for future generations to progress.

However, if family conditions have been less than perfect, your grandparents may have left their unresolved problems to your parents who have then passed on this burden to you. A grandparent may have been absent, too strict and harsh, or even deliberately sadistic and controlling. He or she may have experienced great lack or deprivation, such as poverty, cold, lack of shelter, lack of water or food, or overworked and harsh conditions. Your own liberation will come from realizing that you are not being disloyal or disobedient when you create a future in which you will let go of these influences.

Saturn in Leo:

Your grandparents were very serious people, perhaps playing a responsible role as judges, politicians or the like. They have left you with a feeling of having to obey rules and uphold status rather than have normal fun. However, you are your own person and you can now live your own life.

Saturn in 5th House:

Your elders may have been too restricted by responsibilities to think about recreation and joy, but you could benefit by taking the time for a holiday or retirement now. You need to balance fun with work in order to maintain a healthy heart and a long life.

Saturn Sextile Neptune:

You have many opportunities to succeed in some form of art, music, or other creative endeavor. You may feel as if you have a cloud over your head until you get this energy flowing. You will also feel better if you help others in need and let go of your past.

Saturn Conjunct Pluto:

Your ancestors would have faced a long period of extremely harsh conditions and encounters with death. However, out of it all they developed unusual courage and determination. They have given you the ability to be emotionally detached and practical during crises. You can handle situations which others can not.

CHAPTER 3: THE MOON

An understanding of your Moon is very important in overcoming past traumas because it represents your emotions and it is your emotions which must be healed. The Moon is indicative of the motherly influence in your chart and mothers are the early source of nurturing. If you can bring in enough nurturing, at any stage in your life, to offset any past traumas, you will have successfully offset whatever was in essence the opposite of being nurtured.

So, you need to learn how to nurture yourself better and then to carry this out in specifically addressing the area(s) of hurt. You can work on this by yourself and/or you can seek out the help of family, friends, community resources and religious supports. The main thing is to come to see you are loved and worthy of love. Keep re-affirming this thought so the love will get bigger and bigger in your mind and the experience of lack of love will get smaller and smaller.

Moon in Virgo:

Your mother would have taken good care of your health and when you were young, making sure your food was nutritious and your surroundings were clean and hygienic. If you were ever not well, she was careful and nurturing in the role of a nurse to get you better. She may have taught you to be a bit too critical and ever-concerned with detail, and you might benefit by learning to relax and enjoy recreation.

Moon in 7th house:

Your childhood taught you to value harmony and security, and you will likely seek a marriage partner who can provide you with a nice, peaceful home. Your parents made sure they get along well because you were their child and you may see having a child as a way of ensuring security in your marriage.

Moon Sextile Venus:

You grew up in a happy, harmonious home and you are likely to meet a kind partner with whom you can create a nice home of your own.

CHAPTER 4: THE SUN

While the moon rules your mother and unconditional love, the Sun rules your father and conditional love. In other words your father teaches you there are limits on behavior, as you will be rewarded if you behave well and not if you don't. If your father was not present or if he did not perform his fatherly role for some reason, then you may have become subject to traumatic experiences brought about by persons who disapproved of your behavior. It is also possible that your father, or whoever was in the fatherly role, abused you in some way. This would have left you with two challenges to overcome: to heal from the abuse and to learn socially acceptable behaviors from someone else. What you can best do is to seek out persons who are reliable, trustworthy, well-adjusted father figures and learn from them. For example, there are ministers, counselors and teachers. If one of these other persons turns out not to be reliable either, then do not be discouraged and do not blame yourself; you have not done anything wrong.

Sun in Libra:

Your strength and happiness are in a good, harmonious relationship. Together you can reinforce each other's positive thinking and not be concerned about the past. You have a strong sense of justice and fairness and you will be a great defender of those who have suffered victimization through no fault of their own.

Sun in 8th house:

You have the vitality and courage to recover from even the most intense life-or-death events. In fact, part of your healing process involves going very deep within yourself and you use the challenging events to get you to do this. You finally emerge all the stronger, with a sense of rebirth.

CHAPTER 5: ASCENDANT

While your Sun and Moon represent your father and mother respectively, your Ascendant represent yourself. It is the area of life where you outwardly express your individuality. Your other planetary experiences all come together to be expressed through your Ascendant. It, therefore, is the part of you which others readily see.

In other words, if you want to improve the way in which other see you, you can either change the way in which you express yourself or, if necessary, make deeper changes which will then show through.

An additional approach is to focus on improving your self-confidence. You may be free of any underlying problems; but if you do not believe in yourself, you will not come across as being the wonderful person you really are. So, believe in your own magnificence and think of all the ways in which you are wonderful.

Ascendant in Pisces:

To others you appear to be very imaginative and creative. If you are suffering from any inner, unresolved emotional issues, you may appear like a victim in need of help and you may seem emotionally less stable than you probably really are. Yet, you will seem very compassionate and caring towards anyone else who is in need of help.

Asc. Trine Mercury:

You are fortunate to have a bright mind and excellent communication ability. You could handle higher learning and perhaps you are fluent in more than one language. You are very self-expressive in speech, like a reporter or announcer. Yet, these outward skills do not indicate what your underlying emotion state is like, one way or the other, but you are likely to be a very positive thinker.

Asc. Trine Mars:

You are an excellent achiever because of your high energy and initiative, your positive attitude, and your ability to get along harmoniously with others. You would be able to reach those who are discouraged by past hardships because you could successfully inspire them to become enthusiastic about doing something good.

Asc. Square Uranus:

You may find it a challenge to get along with others because of your rebellious attitude. Yes, there are ideas from the past which should be left behind but you also need to have a vision as to how things could be better instead. Then you will be a true revolutionary rather than just a rebel.

Asc. Square N. Node:

It would be difficult for others to understand the direction of your life path although they would be able to see you are very strong willed about moving ahead. You would tend to be assertive with others, perhaps even aggressive. You will find that competitive, physical activity is a good outlet for you.

CHAPTER 6: MERCURY

Mercury rules the communication, learning and teaching. If you are trying to free yourself of a past trauma, it is healthy to communicate your needs, either to someone who is a helper or to others who are facing the same problem.

You can learn about how others have dealt with similar challenges and then share this knowledge with others.

If you have been abused as a child and the abuser has told you not to tell anyone about it, you do need to feel guilty or ashamed about seeking help. Often there are telephone lines where you can talk to someone about it without even having to meet the person you are talking to. It is essential to your happiness to get your feelings out and not store them inside. When no one speaks up, it is common for those who have been abused to think they are the only victim, but this is seldom the case.

Mercury in Scorpio:

You would have the skill in helping someone delve into what in the past was traumatic for them. You could then help them to see the experience in a new, transformative light.

Mercury in 8th house:

You have a talent for getting to the bottom of what past traumatic events may have affected someone you are helping and how. You may need to heal from any past emotional abuse on the part of any of your aunts, uncles, cousins or neighbors.

Mercury Conjunct Mars:

If you are trying to unravel a past, traumatic experience, you have the advantage of being able to gather all the relevant factual information and then determine exactly what happened and how to offset it.

Mercury Quincunx Uranus:

If you remain focused, you will be an inventive genius who can follow your

ideas through to their practical applications. You need to integrate your inventive flashes with enough patience and hard work! This positive approach will be far better than just going around feeling as if your future progress is held back by the past.

CHAPTER 7: VENUS

Venus rules love and it is not unusual for those who have been rejected in love to feel some kind of ongoing trauma. Venus rules your heart and you need to heal from these feelings in order to love again. The main thing is not to withdraw from others for too long or to shut off your emotions.

If you have not recovered after a long time, it may be you have another underlying, unresolved issue. For example, if you felt rejected by a parent even before you met that person, you would have to go back and heal that first.

Venus can also be involved in abuses such as sexual assault. This would most likely have occurred after puberty, although non-violent pedophilia of a child victim can occur with a Sun-Venus combination.

The path to healing involves learning to love yourself and restoring your self-esteem. There are professionals and crisis clinics who can help you. You may also wish to focus on justice and self-empowerment.

Venus in Sagittarius:

You would tend to seek a partner who shares your own traditional religion and culture. This would usually provide you with security and high moral standards, but you need to guard against those who hide behind religion to have lower motives and to instill guilt in their victims. Nevertheless, you can rise above your past, if necessary, because of your positive outlook and solid moral values.

Venus in 9th house:

You may form a romantic relationship with someone of another culture or religion. This can work out harmoniously if you both observe the highest value of your beliefs, because the essence of all religions is essentially the same. However, there may be differing social expectations for the behavior of males

and females in different cultures, so know what you are getting into.

CHAPTER 8: MARS

Mars is traditionally the war-god and the past traumas associated with it are likely to be associated with war, conflict or aggression. Of course, the opposite to war is peace and the pursuit of peace is the obvious antidote for trauma from wars.

However, it is not always simple as discouraging one's aggressive side. Aggression still needs an outlet and suppression of it will only lead to more conflict. The key is to channel the war skills into peaceful channels. For example, we will always need aggressive people to put out the fires, catch the criminals and do the construction work.

Another aspect of handling Mars energy is to develop your self-confidence. Someone who studies martial arts and knows he or she could win a fight if the necessity ever arose does not feel the need to get into conflict to prove something out of insecurity. Also, if the trauma you are suffering involves having been victimized in a conflict, you would feel safer knowing you have learned to defend yourself if you ever have to in the future.

Mars in Scorpio:

You are unlikely to forget about the emotional effects of any past traumas until you have had a chance to fight back. You can be very aggressive and relentless in attacking the opposition, regardless of whether they appear to be bigger and stronger than you. You will remember what they did and you will fight back even to the point of being a martyr.

Mars in 8th house:

You are very aggressive in your dealings with other people's money and you need to be sure, for your safety, that you are dealing with honest people and that you avoid secret intrigues and conflicts. Try to be more flexible in matters of insurance, wills and taxes so as to avoid lawsuits. Let go of past grudges and live in the present.

Mars Quincunx Uranus:

Although you are very self-motivated and even rebellious, you also possess the self-discipline to direct your inventiveness towards practical applications.

Your common sense protects you from making rash decisions.

CHAPTER 9: JUPITER

The type of traumas associated with Jupiter tends to have to do with religion or culture. For example, you may have suffered from poor treatment on the part of those who did not accept your religious beliefs. Another possibility is you may have been forced to leave your traditional surroundings and then suffer the culture shock of getting used to another country. Or, it may be that persons of another culture have moved into your homeland and made you feel as if you do not belong. In any of these instances, your need is to re-connect with your roots.

Jupiter energy has great potential to heal you from past traumatic experiences. It involves positive thinking, faith and knowledge of the Divine. In fact, it represents the underlying meaning of all religions and cultures. Its optimistic attitude can take you out of past, negative patterns and replace them with an enjoyment of the present moment and a joyful expectation of the future.

Jupiter in Scorpio:

You have a talent for bringing optimism and encouragement to those who have been dealing with life-or-death matters. You may choose to work with insurance, taxes or funeral homes and your courage and faith would make you strong enough to do this.

Jupiter in 8th house:

Your positive religion or philosophy makes you courageous enough to handle even life-or-death issues. You could give inspiration and practical help to those who are emotionally traumatized by death or disaster. For example, you could handle funerals and estate matters competently.

Jupiter Square Saturn:

It is a challenge for you to keep a positive attitude when you have to work hard but with willpower you can do it and prosper. There may be some religious conflicts from your past, such as harsh treatment of your elders because of their beliefs. but remember this is a new moment.

CHAPTER 10: URANUS

Uranus rules sudden changes and any past traumas associated with it are likely to be related to sudden unexpected events such as a lightning strike, a revolution or a sudden earthquake. These events occur when the tension builds up over a long period of time and then suddenly releases. Similarly, if you have built up a lot of tension or if you have been kept down and unable to express yourself, you will be more prone to sudden events. There is really not such a thing as an "accident" because it results in a predictable way when the normal need for change gets repressed.

Insofar as Uranus rules astrology, you can study astrology to predict when sudden, Uranian events are likely to occur in general and in your own life, and then you can make plans to be prepared (or even alter your life's course) ahead of time. You can come to expect sudden changes will be positive and they will be the work of the Divine-righting the wrongs and re-balancing the energies. Then you will anticipate the future with excitement rather than fear.

Uranus in Gemini:

You are exceptionally bright and able to think quickly in an emergency situation so as to avoid harm. Because you are on a high intellectual plane, you are not likely to be held back by physical events unless you become a little too impractical and ungrounded. You are impatient for change, but this is usually limited to intellectual debate.

Uranus in 3rd house:

You have a brilliant mind and you may be a leader in new trends in education. Rather than have people held back by past ignorance, you would seek to provide equal opportunities for all who want an education to have it available. You would be on the forefront of electronic and scientific means of education.

CHAPTER 11: NEPTUNE

Neptune rules emotional receptivity and on the higher level. If you have suffered a past

trauma related to Neptune it may be because you were a defenseless victim who was too busy being receptive to assert yourself, or it may be you very compassionately helped someone else and suffered the trauma as an intentional self-sacrifice to save the other person.

The key to healing from such traumas is to get your emotional energy flowing again. You need to talk out your emotions and express them in creative ways, such as by writing poetry, songs, doing art or singing and playing an instrument. It would help you to work with nurturing, non-judgmental, supportive people, so you can express your inner feelings safely. For example, you need to be with people who appreciate your art as self-expressive and who are not concerned with whether it is "good".

The water element could heal you such as swimming, fishing or paddling a canoe out in nature.

Neptune in Libra:

You were born in a generation when those who got married had a special, emotional bond with each other. On the other hand there were those who neglected their partners because of either addiction or poverty.

Neptune in 7th house:

A happy marriage is important to your emotional well-being. The key to this is to be clear of any past emotional traumas which could block clarity of your communication. Be careful also, of persons who may be trying to deceive you and who may not live up to the ideal you had hoped.

Neptune Trine N. Node:

You are fortunate in being able to get on with the future as long as you take advantage of the many opportunities presented to you. You acquire good karma by engaging in acts of kindness and compassion towards others. You can do a great deal to encourage those who may be poor or victimized by giving them positive hope.

CHAPTER 12: PLUTO

As Pluto rules extremes, it rules many types of disasters and traumas. It rules death but it also rules rebirth. If you have ever faced a life-or-death situation or a series of intense

circumstances which seemed to be beyond your control, it is likely there was a Pluto transit in your chart.

The events may have affected your emotions deeply and perhaps left you with a fear that something similar could happen again. For example, if you lost relatives in World War II you might be afraid that uncontrollable events could cause you to lose relatives again. However, a study of astrology can give you insight into this and transcend the fear. In World War II, most of the people had Pluto in either Gemini (ruling aunts, uncles and cousins) or Cancer (ruling the mother and children). Pluto will not be in either of these signs again during the normal lifespan because it takes Pluto 248 years to revolve around the Sun and be in the same sign again. So, even if Plutonian events seem unpredictable, they are part of your overall plan and when that is realized, a rebirth occurs.

Pluto in Leo:

You were born into a generation when the uncontrolled differences between countries were maximized and the destruction of the planet became a fear. The seriousness of these possibilities caused a turning to fun, children, games and recreation as being a better solution than to have power struggles and their potential outcomes.

Pluto in 6th house:

Those in your past may have had difficulty getting work or may have suffered ill health from working too hard at tiring demanding jobs. You learned early, therefore, that the way to transform your life would be to be very careful in the management of the money you earn and not to take risks with your health. As a result you have learned excellent lessons for life about being healthy and investing carefully and wisely.

Pluto Sextile N. Node:

You are blessed to have had elders who overcame their past challenges with such strong faith and who looked for the positive opportunities for the future. This has left you free to continue to make great strides ahead with your skills of positive thinking and acceptance of great good already in place.

CONCLUSION

This report has given you many ideas to help you transcend any past traumas. It will also be helpful for you to work with an astrologer who can help you put all of the ingredients together and get a bigger picture. An astrologer can add what are called aspect patterns, such as a kite pattern or a yod, which do not lend themselves well to being calculated for this type of Report. Aspect patterns can give you further insight into how several planetary influences can interact with each other to produce a specific event. You might also get the astrologer to add your current transits and/or the transits when a specific event occurred. Your Chiron could be looked at too.

The concept of Retrogradation could be added, but retrograde planets just give the illusion that you are stuck in your past when really you have moved on. If you imagine you are on a moving train and another train is moving more slowly beside you, it will look as if the other train is moving backwards when really it is not. Similarly the motions of the planets can sometimes make you think you have a problem from the past when you do not.